

Tips to take care of your hearing aids

PROTECT THEM

- Do not expose your hearing aids to water or other liquids
- Try not to drop hearing aids, as they are delicate. Put them away when not in use to avoid mechanical damage
- Do not wear hearing aids if you have an ear discharge or infection
- Store hearing aids in a dehumidifying jar when not in use. You can make one by placing rice grains at the bottom of a jar and covering them with tissue, before placing the hearing aids on top and tightly closing the lid



CBM



PIET VAN HASSELT



MARK SPRECKLEY

CLEAN THEM REGULARLY

- Use a soft cloth and brush to clean hearing aids so that they do not get blocked with dust or dirt
- Earwax can block hearing aids' plastic tubing. Make sure to clean it with a special brush or cleaning wire
- Earmoulds should be detached from the hearing aid and washed regularly. Use baking soda in water or warm soapy water (**not** strong detergent or spirit). Ensure that the mould is completely dry before re-attaching it
- Do **not** use hairpins, paperclips or any sharp object to remove dirt from hearing aids or earmoulds

MAKE SPECIALIST APPOINTMENTS TO ADJUST OR REPAIR THEM

- Contact the staff who fitted your hearing aid if you feel pain or discomfort when wearing it, or if it does not seem to improve your hearing
- Contact hearing aid repair services if your hearing aid stops working. Do **not** try to repair it yourself